# Safe and effective treatments





Nail fungus - Before and 4 months after 3 treatments (with two months intervals)





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See the treatment

# Nail Fungus

CLINICALLY PROVEN SAFE AND EFFECTIVE



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# Treatment of Nail Fungus with Ellipse Nd:YAG

Onychomycosis (nail fungus) can affect finger or toe nails. It becomes more common with age, and certain other groups have a higher risk of developing the condition — people with diabetes, athlete's foot, or circulation problems; people who sweat a lot, or even use communal showers at the gym or swimming pool.

### Treatment options

You may be reading this because you have found that antifungal nail paints don't work for you, or because you have read about the side effects (such as headache, nausea or diarrhoea) of oral antifungal drugs. Ellipse Nd:YAG treatment offers a reliable and effective treatment, without the risk of uncomfortable side effects.

## Can everyone be treated?

Ellipse Nd:YAG onychomycosis treatment is able to treat all colours of skin. Before treatment, your doctor may take a nail cutting to ensure that fungus is the real cause of your nail problem.

#### How does treatment work

A series of flashes of infrared light is aimed across the whole nail, including the nail folds (the skin immediately surrounding the sides and base of the nail). This heats up and destroys the fungus that is present. To ensure complete coverage, the whole series of pulses is repeated four times, and the individual flashes overlap each other.

How long does an Ellipse treatment take?

Because the fungus can spread from one nail to another, normally all ten nails are treated, even if nail fungus is visible on only one or two fingers or toes. However, treatment of the whole ten nails normally takes only ten minutes.

How many Ellipse treatments do I need?

Typically a course of 3 treatment sessions is necessary, with one month intervals for finger nails, and two months for toenails. Following the treatment, you will see the area of new nail growth is clear. Since the nail grows slowly, this clear area may take 3-4 weeks to become apparent.

Do I need to take special precautions before and after treatment?

Like any other treatment of nail fungus, Ellipse onychomycosis treatment is a treatment, not a cure. It deals with the problem that exists, and does not give immunity against infection at some future time. It is only necessary to remove nail polish before treatment. Your doctor will advise you on the best ways to prevent reinfection.

### Does it hurt?

In a word, "No". The treatment gives a feeling of gentle warmth while the laser is flashing.

How can I be sure Ellipse is safe and effective?

Clinical trials documenting Ellipse safety and effectiveness were carried out by leading doctors prior to the release of this treatment. Details of the study (initially as a Clinical White Paper, and then as a peer-reviewed clinical article) can be found at www.ellipse.com.

